

ATRIAL FIBRILLATION/FLUTTER (≥ 8 years old) ADMINISTRATIVE ORDER

Initiate immediate supportive care:

O₂ to maintain sat $\geq 94\%$
Complete primary and secondary survey as indicated
Vital Signs (FSBG and temperature as indicated)

Cardiac Monitor
12-lead ECG

Inclusion Criteria:

Symptomatic patients with A-fib/flutter and HR > 130

Stable:

Initiate IV NS TKO

- If hypotensive and normal mentation, administer **NS 10ml/kg** bolus
 - Reassess VS and lung sounds after every 500ml infused
 - May repeat as needed for continued hypotension
- **Diltiazem** 0.25mg/kg IV, (Max 20mg) administer over 2 minutes
 - If no response after 15 minutes, May repeat same dose once

Hold Diltiazem if patient has QRS > 0.12 milliseconds, patient on Beta blockers, or has WPW

Unstable:

Must include:

- HR > 150
 - ***AND*** SBP < 90 ,
 - ***AND*** altered mental status with other signs of hypoperfusion
- **Synchronized Cardioversion at 120 Joules**
- If unsuccessful, repeat at **200 Joules**

Notification to include:

Atrial Fibrillation/Flutter Administrative Order, unit number, patient age, gender, and ETA to receiving facility.
Advise if patient is unstable.